

"BEAR ONE ANOTHER'S BURDENS, AND SO FULFILL THE LAW OF CHRIST." GALATIANS 6:2

Rebecca Armstrong

RESIDENT TESTIMONY

The day I realized that I needed help was on February 17, 2023. I arrived home after another 16-hour day at work to the routine mess in my life - lies, betrayal, and overwhelming hopelessness that comes with living with addiction and the enemy all around me. Although I was still clean, others in my household were still using all around me. I heard the same whisper I heard a year after getting sober when I was diagnosed with leukemia: "See, there is no point in getting sober." I found myself a year after my momma's death and 2 years since I graduated from drug court still miserable. I looked around and realized I wasn't living. I was barely surviving, and that hit me hard. I fell to my knees and begged God to save me from the chains of addiction. Two weeks later, I was arrested. They offered me a 20-year do 10 sentence for charges I obtained not of my own accord. This was more proof that being sober just wasn't enough to make it all better.

I am the oldest of four. I have two brothers and one sister. I didn't know that my family was dysfunctional; I thought our lives were normal. We were raised with a lot of loud music and yelling and an alcoholic father who abused my mother regularly. My life has been exposed to abuse on all levels: emotional, physical, and sexual. I was taught at a young age to lie to cover up family secrets. I am the byproduct of disassociation from surviving my own secrets. I have a lot of negative core beliefs about myself because of my childhood. I have felt like a complete failure for most of my life.

I have looked in all the wrong places in search of love and feeling whole. I tried money, people pleasing, overachieving, relocating, toxic relationships, and finally, I turned to drugs, which led me into years of addiction. This path took me down the darkest roads in my life. It wasn't until I found Christ that I radically changed.

Being at the Rescue Mission has impacted every area of my life. My life-long struggles with inadequacy are vanishing as they teach me my value through my identity in Christ. I arrived here as a

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bitter and hopeless person, but now I have joy and gratitude in my heart. Relationships are born anew in the comradery and love I have found here. Recent bloodwork came back negative for lumeric cells; I am literally being healed from the inside out. My doctors are in shock and have no explanation of my cancer-free results.

The Rescue Mission has partnered with Hartley Bridge Dentistry to give me back my smile after 8 long years without it. Since being here, I have experienced restoration of my mind, body, and soul.



I am learning to trust God with every situation in my life.

Matthew 6:33 "Seek ye first the kingdom of God and His righteousness and all other things will be added onto you."

Finally, I can truly say I do not wish to change my past or shut its door because it brought me here. I am forever grateful to the Rescue Mission for nurturing my most important relationship, my salvation in Jesus Christ. I have learned that I am strong and courageous, not because of my own ability but because



the Lord goes with me. The beauty of me is Him in me. I am redeemed, chosen, and loved. My Father wants me, and His plans for my life are good. "I can do all things through Christ who gives me strength". Philippians 4:13.

I am passionate about helping people and pray that God will use me this way after I graduate from the program. I can't wait to see what He has in store for me and my future!

BARN CENTER
Thrift Store

Rescue Mission Barn Center

The Barn Center Thrift Ministry has a new Facebook page! We're excited to have this platform to connect with our community. Please like and share with your family and friends. **We are located at 6601 Zebulon Rd, Macon, GA 31220. Open Monday-Saturday from 10 am - 6 pm.** Follow us to see our weekly sales!

Get **10% off** your entire purchase by mentioning **THRIFT2024** before **April 1, 2024**.

<https://www.facebook.com/MissionBarnCenter/>



Construction ZONE



We Are Expanding Our Barn Center Thrift Ministry.

We have experienced major growth since moving to our new campus on Zebulon Rd, and due to this growth, we are expanding our Barn Center Thrift Ministry.

We are building a new processing center that will allow us to receive donations with easier entry and exit for our donors. This new space will also provide additional opportunities for work therapy job training for the residents in our program. These include forklift training & certification, warehouse receiving and distribution, and inventory management.

The Barn Center will have an entirely new area for clothing and shoes. The entrance of the Barn Center will also be undergoing some renovations to make checkout easier and faster. Please be patient with us as we are working to improve our thrift ministry store.

We will announce a date to celebrate the completion soon. Please follow us on Facebook for updates!

We Need Your Help



We need your help to provide thousands of nourishing meals, warm clothing, toiletries, and other essentials to residents in our life-recovery program this Easter.

Easter falls early this year... so your support by March 18th is critical to helping us prepare!

Your gift today will provide a hot, nutritious meal, warm clothing, and toiletry items to care for every man, woman, and child who comes through our doors in the coming weeks.

Here's how **YOU** can help us get ready:

1. Make a gift today to help provide food & essential items
2. Bring food and supplies to the Mission at 6601 Zebulon Rd

Please donate now!

Help fill our shelves with food and other essential supplies before

March 18th.

Complete the enclosed reply card or donate online at rescuemissionga.com/newsletters

Connect With Us



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Bargain Center
3375 Napier Avenue, Macon
478-743-5445 ext. 317

Barn Center
6601 Zebulon Road, Macon
478-743-5445 ext. 406

Donation Pick-Up
Steve Floyd, 478-743-5445 ext. 314

Rescue Mission

OF MIDDLE GEORGIA



GIVE YEAR-ROUND

Consider becoming a monthly giver and have a lasting impact throughout the year! Find out how at rescuemissionga.com/monthly



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